

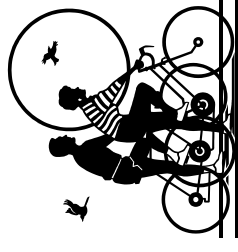
WHO IS INVOLVED?

Representatives from the Community
AARP Community Council
Badlands Human Service Center
Coalition for Horticulture & Human Wellbeing
Community Action and Development Program, Inc.
Dakota West Region Retired & Senior Volunteer Program (RSVP)
Dickinson Clinic
Dickinson Police Department
Dickinson Public Schools
DSU Department of Nursing
LoAnn's Marketing
Domestic Violence & Rape Crisis Center
Elder Care
Evergreen Inn
Great Plains Clinic, PC
NDSU Extension Service
Region VIII Children's Services
Coordinating Committee
Sacred Heart Monastery
St. Benedict's Health Center
St. John's Lutheran Church
St. Joseph's Hospital and Health Center
St. Luke's Home/Park Avenue Villa
Southwest Coalition of Safe Communities/Prevention
Southwest Mental Health Association
Southwestern District Health Unit
Stark County Social Services
Trinity Catholic Schools System
West Dakota Parent & Family Resource Center
West River Regional Medical Center
Western Wellness Foundation
Westwind Consulting Center
Women's Way

**For more information,
please contact
Jeannette Berger
Mission/Human Resources
Vice President at
St. Joseph's Hospital and
Health Center
(701) 456-4274**

HEALTHY 8 COMMUNITIES NETWORK

*Assuring a Healthy
Community for the People of
Southwestern North Dakota*



HEALTHY 8 COMMUNITIES NETWORK

30 West Seventh Street
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Phone: 701-456-4274
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WHAT IS THE HEALTHY 8 COMMUNITIES NETWORK?

The Healthy 8 Communities Network was established to assure a healthy community for all people by empowering the community to take responsibility for health through on-going assessment, education, advocacy, intervention, prevention, cooperation, and collaboration.

MEMBERSHIP

The Healthy 8 Network is representative of any individual or organization who supports and encourages promoting healthy communities.

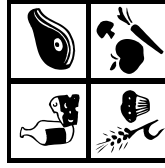
Membership is open to anyone who possesses:

- a commitment to improving the health of residents in southwest North Dakota,
- knowledge of southwest North Dakota and its people,
- a broad perspective in identifying and planning programs,
- enthusiasm,
- resourcefulness,
- and a team oriented approach.

HOW WILL THIS BE ACCOMPLISHED?

Members of the Healthy 8 Network identify, promote, and coordinate community-based programs that encourage healthy lifestyles for southwest North Dakota. Specifically, the following health priorities have been identified and assigned to committees:

- Cancer;
- Physical Activity, Fitness & Nutrition;
- Mental Health and Mental Disorders::
- Access to Health Care



Task Force Membership

Each Healthy 8 Network member will participate on a minimum of one task force. A chair and/or co-chair will be volunteer positions from the task force membership.

Responsibilities of Members and Executive Committee

Members will be responsible to:

- attend network meetings.
- serve as a member of a task force.
- participate in the identification, selection, and promotion of innovative healthy lifestyle activities.
- help assess community needs and identify existing resources.
- develop plans of action to carry out the mission.
- strive to coordinate programs and resources to maximize impact.
- develop a mechanism for evaluating and monitoring the strategies.
- recruit and retain membership and encourage participation.

Executive Committee Membership

The Healthy 8 Executive Committee shall be comprised of the Chairperson, Facilitator, and one (1) representative from each of the following groups: support service providers, long-term/basic care, private health care practitioners, and community-at-large.

The Healthy 8 Network Chairperson shall meet the following criteria:

- Qualifications of a member listed above.
- A leader in the community.
- Group facilitation skills.